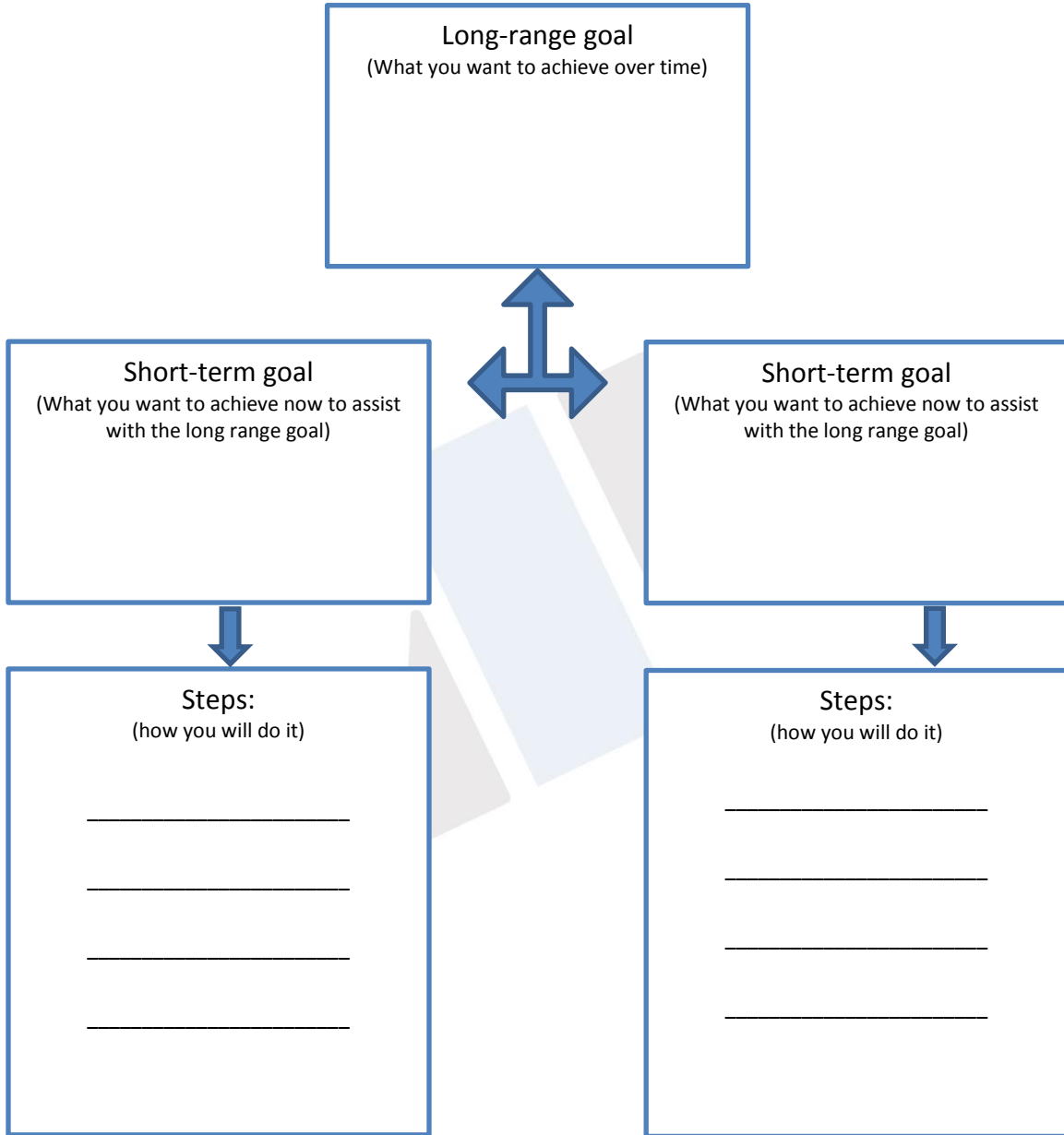


Goal Setting-Planning Worksheet



Make sure your goals are **SMART!**
Specific Measurable Achievable Relevant Timely