



## **Postdoctoral Fellow Position**

### **Practice Summary**

- Synergy Psych is a group private practice in Greenville, South Carolina. Established for 13 years, our practice provides a wide breadth of services to children, adolescents, and adults from a multi-disciplinary perspective. Services include counseling, consultation, group counseling, and assessment. This position is an excellent opportunity for a motivated individual to provide services with autonomy and support.

### **Position Summary**

- The clinically-oriented postdoctoral fellowship will provide clinical hours and supervision necessary for licensure along with didactic, case consultation, and community presentation opportunities. Candidates would manage a clinical caseload of children and adults who present with mental health concerns and conduct psychoeducational evaluations while working alongside other clinicians and staff. Candidates will receive specific training in evidence-based practices, including cognitive behavioral techniques and structured psychoeducational evaluations. The fellowship opportunity is intended for one year but can be flexible.

### **Objectives / Goals of the Program**

- Refine the fellow's assessment skills and increase proficiency in report writing by exposing the fellow to a variety of assessment measures and practices while under direct supervision. Fellow should be able to independently assess for a variety of academic and clinical concerns within the identified target population and produce a thorough, written evaluation of the assessment.
- Refine the fellow's skills in utilizing empirically supported treatment techniques for clinical intervention with children and adults. The fellow should be able to appropriately choose and administer behavioral interventions for emotional and behavioral concerns and, by the end, feel confident in selecting and designing treatment plans for intervention in individual, family, and group formats.
- The fellow should feel confident in attending and participating in multidisciplinary team meetings regarding psychological care for assessment, clinical, and practice purposes.

## **Training Methods, Content, and Curriculum**

- The fellow will participate in an assessment rotation that spans the entirety of the fellowship for 40 to 60% of the fellowships time. As part of the rotation, the fellow will be exposed to a variety of assessment measures (e.g., WISC-V, WAIS-IV, SB-V, WIAT-III, WJ-IV, CTOPP-2, GORT-5, OWLS-II, BASC-3, ADHD scales, ASD measures, ADOS-2, VABS-III) and practices while under direct supervision with a dedicated supervisor. Fellow will administer psychoeducational testing and be paired with psychologists as well as complete independent evaluations. By the end of the fellowship, the fellow should be able to independently assess for a variety of academic and clinical concerns within the identified target population and produce a thorough, written evaluation.
- The fellow will also participate in a clinical rotation that spans the entirety of the fellowship for 30 to 50% of the fellowship time. The fellow should be able to appropriately choose and administer empirically supported behavioral interventions for emotional and behavioral concerns with children, adolescents, and adults. Examples of treatment models include CBT, PMT, Mindfulness, principles of DBT and ACE, and family systems. By the end of the fellowship, the fellow should feel confident in selecting and designing treatment plans for intervention in individual, family, and group formats. The fellow will be under direct supervision with a dedicated supervisor for various populations and clinical concerns.
- The fellow will participate in direct individual and group supervision (approximately 10% of the fellowship), which includes didactics (various topics – ethics, evidence based practices, professional development) and multidisciplinary team meetings.

## **Position Requirements**

- Education: Ph.D. Completed in Clinical or Counseling Psychology from an APA-accredited doctoral program (inclusive of APA-accredited internship)
- Competency working with individual, group, and family treatment services (models: CBT, DBT, interpersonal, etc.)
- Competency working with multiple populations including children, adolescents and adults
- Competency with psychological / psychoeducational evaluation measures (cognitive, achievement, emotional / behavioral measures), diagnostics, case conceptualization, and providing feedback for families

## **Program Provides**

- 20+ hours of direct client interaction on a weekly basis (~60%)
- Regular individual and group supervision and scheduled time for case consultation and training
- Didactics through regular multidisciplinary team meetings
- Oversight by Brittany Rudy, Ph.D. (clinical director), Nicholas Beck, Ph.D. (psychologist), and Caitlin McLear, Ph.D. (psychologist)
- A comfortable office space located less than 10 minutes from downtown Greenville
- Appropriate materials for assessment and clinical services
- The appropriate amount of direct client contact hours in addition to individual supervision hours and didactic hours to meet the state requirements for licensure

**Salary/Benefits**

- Salary commensurate with experience
- Competitive benefit package available (e.g., health, 401k, CEU, etc.)
- Greenville, SC voted 2nd best place to live in the United States by Outside magazine

Please send questions and/or letters of interest and CV to Mrs. Angela Valle at [avalle@synergygroupsc.com](mailto:avalle@synergygroupsc.com)